

# NATIVE PLANTS FOR BIRDS

## COASTAL PLAIN

### Larval Hosts: plant these – and feed baby birds!

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Black cherry	<i>Prunus serotina</i>	t	d	m, d	Apr-May; Jul-Aug
River birch	<i>Betula nigra</i>	t	d	w, m	Mar-Apr/May-Jun
Black willow, Carolina willow	<i>Salix spp.</i> ( <i>caroliniana, nigra</i> )	t	d	w, m	Mar-Apr
Indigo-bush (fruticosa, herbacea)	<i>Amorpha spp.</i>	s	d	w, m, d	Apr-Jun; Jun-Oct
New Jersey tea	<i>Ceanothus americanus</i>	s	d	m, d	May-Jun; Jun-Jul
Buttonbush	<i>Cephalanthus occidentalis</i>	s	d	w, m	Jun-Jul
Eastern beard-tongue	<i>Penstemon laevigatus</i>	h	-	w, m	May-Jul; Jul-Aug
Calico aster	<i>Symphotrichum lateriflorum</i> (= <i>Aster lateriflorus</i> )	h	-	w, m	Sep-Nov
Bird's-foot violet	<i>Viola pedata</i>	h	-	m, d	Mar-May; May-Jun
Wild indigo	<i>Baptisia spp.</i> ( <i>cinerea tinctoria</i> )	h	-	m, d	May-Jun
Bluestem, Broomsedge	<i>Andropogon spp.</i> ( <i>gerardii, glomeratus, virginicus</i> )	g	-	w, m, d	Sep-Oct (Jul-Oct in <i>A. gerardii</i> )
Passionflower	<i>Passiflora incarnata</i>	v	d	w, m, d	May-Jul; Jul-Oct

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- **Leaf type** (given for woody plants only): d = deciduous, e = evergreen
- **Soil type:** w = wet, m = moderate, d = dry
- **Flower & fruit dates:** flowering period (first date range) and fruiting period (second date range). Only one date range is provided for species that flower and fruit simultaneously.



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### Berry Producers

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Serviceberry	<i>Amelanchier</i> spp. ( <i>arborea</i> , <i>canadensis</i> , <i>obovalis</i> )	t	d	w, m	Mar-Apr; May-Jun
Sugarberry, Southern hackberry	<i>Celtis laevigata</i>	t	d	w, m	Apr-May; Aug-Oct
Eastern red-cedar	<i>Juniperus virginiana</i>	t	e	w, m, d	Jan-Mar; Oct-Nov
Beautyberry	<i>Callicarpa americana</i>	s	d	w, m	Jun-Jul; Sep-Oct
Yaupon holly	<i>Ilex vomitoria</i>	s	e	m, d	Mar-May; Oct-Nov
Winged sumac	<i>Rhus copallinum</i>	s	d	m, d	Jul-Sep; Aug-Oct
Elderberry	<i>Sambucus canadensis</i>	s	d	w, m	Apr-Jul; Jul-Aug
Highbush blueberry	<i>Vaccinium formosum</i>	s	d	w, m	Feb-May; Jun-Aug
Virginia creeper	<i>Parthenocissus</i> <i>quinquefolia</i>	v	d	w, m	May-Jul; Jul-Aug
Greenbrier	<i>Smilax</i> spp.	v	d/e	w, m, d	Apr-Jun; Aug-Nov
Muscadine	<i>Vitis rotundifolia</i>	v	d	w, m, d	May-Jun; Aug-Oct
Flowering dogwood	<i>Cornus florida</i>	t	d	w, m	Apr-May; Aug-Oct
Blackgum	<i>Nyssa sylvatica</i>	t	d	m, d	Apr-Jun; Aug-Oct

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### Seed/Nut Producers

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Sweetgum	<i>Liquidambar styraciflua</i>	t	d	w, m, d	Apr-May; Aug-Sep
Sweetbay magnolia	<i>Magnolia virginiana</i>	t	d	w, m	Apr-Jul; Jul-Oct
Pines	<i>Pinus spp.</i>	t	e	w, m, d	Mar-Apr; Oct-Nov
Oaks	<i>Quercus spp.</i>	t	d/e	w, m, d	Spring; Fall
Waxmyrtle, Bayberry	<i>Morella cerifera</i>	s	e	w, m	Apr; Aug-Oct
Joe Pye weed	<i>Eutrochium fistulosum</i>	h	-	w, m	Jul-Oct
Narrowleaf sunflower	<i>Helianthus angustifolius</i>	h	-	w, m	Sep-Oct
Black-eyed Susan	<i>Rudbeckia hirta</i>	h	-	w, m, d	May-Jul
River oats	<i>Chasmanthium latifolium</i>	g	-	w, m	Jun-Oct
Pink muhly grass	<i>Muhlenbergia capillaris</i>	g	-	w, m	Aug-Nov
Switchgrass	<i>Panicum virgatum</i>	g	-	w, m	Jun-Oct
Milkweed	<i>Asclepias spp.</i> ( <i>incarnata, rubra, tuberosa</i> )	h	-	w, m	Jun-Jul, Jul-Sep

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### Nectar Producers

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Red buckeye	<i>Aesculus pavia</i>	s	d	w, m	Apr-May; Jul-Aug
Coastal sweet pepperbush	<i>Clethra alnifolia</i>	s	d	w, m	Jun-Aug; Sep-Oct
Rattlesnake-master	<i>Eryngium yuccifolium</i>	h	-	w, m	Jun-Aug
Blazing-star	<i>Liatris spicata</i>	h	-	w, m, d	Aug-Oct
Cardinal flower	<i>Lobelia cardinalis</i>	h	-	w, m	Jul-Oct
Horsemint, Spotted beebalm	<i>Monarda punctata</i>	h	-	w, m	Jul-Sep; Sep-Oct
Kidney-leaf rosinweed	<i>Silphium compositum</i>	h	-	w, m, d	May-Sep
Wrinkleleaf goldenrod	<i>Solidago rugosa</i>	h	-	w, m, d	Aug-Oct
Crossvine	<i>Bignonia capreolata</i>	v	e	w, m, d	Apr-May; Jul-Aug
Yellow jessamine	<i>Gelsemium sempervirens</i>	v	e	w, m, d	Mar-May; Sep-Nov
Coral honeysuckle	<i>Lonicera sempervirens</i>	v	d	m, d	Mar-Jul; Jul-Sep

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### Invasives: Do not plant!

Scientific name	Common name
<i>Ailanthus altissima</i>	Tree-of-Heaven
<i>Albizia julibrissin</i>	Mimosa, silktree
<i>Elaeagnus pungens</i>	Thorny-olive
<i>Elaeagnus umbellata</i>	Autumn-olive
<i>Ligustrum sinense</i>	Chinese privet
<i>Nandina domestica</i>	Sacred-bamboo
<i>Phragmites australis</i>	Common reed
<i>Pueraria montana</i>	Kudzu
<i>Vitex rotundifolia</i>	Beach vitex
<i>Wisteria sinensis</i>	Chinese wisteria
<i>Celastrus orbiculatus</i>	Oriental bittersweet
<i>Hedera helix</i>	English ivy
<i>Pyrus calleryana</i>	Bradford pear
<i>Cortaderia selloana</i>	Pampas grass
<i>Miscanthus sinensis</i>	Chinese silvergrass
<i>Phyllostachys spp.</i>	Bamboo
<i>Triadica sebifera</i>	Tallowtree